



Women's Beginners Tennis Lessons Information Sheet.



The purpose

We are excited to provide our Womens Beginners Tennis Program, with the help of a Grant from Sport and Recreation Victoria, at an extremely affordable cost with a professionally accredited coach.

This program is designed to help women get from a complete (or as near to complete) beginner to having the confidence to play tennis at a social level where you can feel good about joining a social tennis hit or playing with your friends.

The Program

- A block of 8 weekly lessons on either Thursday or Sunday afternoon from 1:30 – 3:30 will be run during all four school terms in 2021.
- Each lesson will have a maximum of 8 participants with 1 coach and two courts for the first hour followed by social play on two courts for the second hour. As we are limited to 8 participants it is important to register early as it will be first in first served.
- In your lessons you will learn the basics of both tennis skills and game play.
- The club will provide racquets for those who do not currently own one.
- If at the end of your first 8 week block you are not ready to play in a social setting you are encouraged and welcomed to commit for another 8 week program.

The Cost

With the distribution of our grant money each 8 week program costs **only \$80** per person.

How to book a place in our program

To register in a program follow the attached link.

<https://play.tennis.com.au/RoyalParkTennisClub/Coaching>